|  |  |  |  |
| --- | --- | --- | --- |
| 1. You will need [Adobe Reader](https://get.adobe.com/reader/) on your device to fill out the forms. Please download [Adobe Reader](https://get.adobe.com/reader/) in order to fill out the clinic forms prior to your clinical visit. 2. Please choose the patient's age and complete the corresponding forms prior to your clinic visit. Please note some age groups will require forms from both the patient and the patient's parent. 3. Once the clinic forms are filled out, please save the completed forms on your device. 4. To submit your forms, please attached your completed clinical forms to an email addressed to: [DMDprogram@umassmemorial.org](mailto:DMDprogram@umassmemorial.org)   If you have any questions, please contact a DMD Staff member by email or phone (774) 441-7615  Forms will need to be returned to the clinic 24 hours prior to your scheduled clinical visit. | | | |
| Patient’s Age | **FORMS** | **Parent to Complete** | **Patient to Complete** |
| Carrier Patient | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  [Review of Systems](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf)  [Pittsburgh Fatigability Scale](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgf/184882/54236/Carrier__Pittsburgh_Fatigability_Scale_fillable.pdf)  [Fatigue and Severity Scale](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgh/184882/54238/Carrier_Fatigue_Severity_Scale_fillable.pdf) |  | ✓  ✓  ✓  ✓ |
| 0-1 | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  Review of Systems (Choose 1: [*Ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf) | [*Non-ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwfy/184882/54232/Review_of_Systems_NON_AMBULATORY_fillable.pdf))  [Food Diary](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgk/184882/54240/FOOD_DIARY__3_day__fillable.pdf) | ✓  ✓  ✓ |  |
| 2-5 | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  Review of Systems (Choose 1: [*Ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf) | [*Non-ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwfy/184882/54232/Review_of_Systems_NON_AMBULATORY_fillable.pdf))  [Food Diary](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgk/184882/54240/FOOD_DIARY__3_day__fillable.pdf)  [SDQ](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwjm/184882/54262/SDQ_Parent__2_4__fillable.pdf)  [PROMIS-7](https://go.umassmed.edu/l/184882/2020-08-17/3jccc8k/184882/70316/PROMIS_7_Parent_Proxy_Scale_v1.0___Global_Health_7plus2_9_20_2019.pdf) | ✓  ✓  ✓  ✓  ✓ |  |
| 5-7 | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  Review of Systems (Choose 1: [*Ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf) | [*Non-ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwfy/184882/54232/Review_of_Systems_NON_AMBULATORY_fillable.pdf))  [Food Diary](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgk/184882/54240/FOOD_DIARY__3_day__fillable.pdf)  [SDQ](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwjm/184882/54262/SDQ_Parent__2_4__fillable.pdf)  PROMIS [Anxiety](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhk/184882/54254/PROMIS_Anxiety_8a_Parent_Proxy_v2.0__5_17__Fillable.pdf)  PROMIS [Depression](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhp/184882/54258/PROMIS_Depressive_Symptoms_6a_Parent_Proxy_v2.0__5_17__fillable.pdf)  [PROMIS-7](https://go.umassmed.edu/l/184882/2020-08-17/3jccc8k/184882/70316/PROMIS_7_Parent_Proxy_Scale_v1.0___Global_Health_7plus2_9_20_2019.pdf) | ✓  ✓  ✓  ✓  ✓  ✓ |  |
| 8-10 | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  Review of Systems (Choose 1: [*Ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf) | [*Non-ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwfy/184882/54232/Review_of_Systems_NON_AMBULATORY_fillable.pdf))  [Food Diary](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgk/184882/54240/FOOD_DIARY__3_day__fillable.pdf)  [SDQ](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwjm/184882/54262/SDQ_Parent__2_4__fillable.pdf)  PROMIS: **Parent:** PROMIS [Anxiety](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhk/184882/54254/PROMIS_Anxiety_8a_Parent_Proxy_v2.0__5_17__Fillable.pdf)  PROMIS [Depression](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhp/184882/54258/PROMIS_Depressive_Symptoms_6a_Parent_Proxy_v2.0__5_17__fillable.pdf)  PROMIS: **Patient:** PROMIS [Anxiety](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhm/184882/54256/PROMIS_Anxiety_8a_Pediatric_v2.0__8_17__Fillable.pdf)  PROMIS [Depression](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhr/184882/54260/PROMIS_Depressive_Symptoms_8a__Pediatric_v2.0__8_17__fillable.pdf)  [PROMIS-7](https://go.umassmed.edu/l/184882/2020-08-17/3jccc8k/184882/70316/PROMIS_7_Parent_Proxy_Scale_v1.0___Global_Health_7plus2_9_20_2019.pdf) | ✓  ✓  ✓  ✓  ✓  ✓  -  -  ✓ | ✓  ✓ |
| 11-17 | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  Review of Systems (Choose 1: [*Ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf) | [*Non-ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwfy/184882/54232/Review_of_Systems_NON_AMBULATORY_fillable.pdf))  [Food Diary](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgk/184882/54240/FOOD_DIARY__3_day__fillable.pdf)  SDQ: [**Parent** SDQ](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwky/184882/54266/SDQ_Parent__11_17__fillable.pdf)  | [**Patient** SDQ](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwl3/184882/54268/SDQ_Self__11_17__fillable.pdf)  PROMIS: **Parent:** PROMIS [Anxiety](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhk/184882/54254/PROMIS_Anxiety_8a_Parent_Proxy_v2.0__5_17__Fillable.pdf) & PROMIS [Depression](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhp/184882/54258/PROMIS_Depressive_Symptoms_6a_Parent_Proxy_v2.0__5_17__fillable.pdf)  **Patient:** PROMIS [Anxiety](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhm/184882/54256/PROMIS_Anxiety_8a_Pediatric_v2.0__8_17__Fillable.pdf) & PROMIS [Depression](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwhr/184882/54260/PROMIS_Depressive_Symptoms_8a__Pediatric_v2.0__8_17__fillable.pdf)  PROMIS-7: [PARENT](https://go.umassmed.edu/l/184882/2020-08-17/3jccc8k/184882/70316/PROMIS_7_Parent_Proxy_Scale_v1.0___Global_Health_7plus2_9_20_2019.pdf)  PROMIS-7: [PATIENT](https://go.umassmed.edu/l/184882/2020-08-17/3jccc8y/184882/70318/PROMIS_7_Pediatric_Scale_v1.0___Global_Health_7plus2_5_7_2020.pdf) | ✓  ✓  ✓  ✓  ✓✓  ✓  - | ✓  -  ✓✓  -  ✓ |
| 18+ | [Medication List](https://go.umassmed.edu/l/184882/2019-08-23/2rfqjb7/184882/54216/MED_LIST_fillable.pdf)  Review of Systems (Choose 1: [*Ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwft/184882/54230/Review_of_Systems_AMBULATORY_fillable.pdf) | [*Non-ambulatory*](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwfy/184882/54232/Review_of_Systems_NON_AMBULATORY_fillable.pdf))  [Food Diary](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgk/184882/54240/FOOD_DIARY__3_day__fillable.pdf)  [GAD-7](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgm/184882/54242/GAD7_SELF__18___Fillable.pdf)  [PHQ-9](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwgt/184882/54246/PHQ9_SELF__18___fillable.pdf)  [SDQ](https://go.umassmed.edu/l/184882/2019-08-23/2rfqwl5/184882/54270/SDQ_Self__18___fillable.pdf)  [PROMIS-7](https://go.umassmed.edu/l/184882/2020-08-19/3jccl5c/184882/70360/PROMIS_7_Patient_18_Scale_v1.0___Global_Health_7plus2_5_7_2020.pdf) |  | ✓  ✓  ✓  ✓  ✓  ✓  ✓ |